

# CAMP SCHEDULE



ACADEMY USA

	Sunday 13	Monday 14	Tuesday 15	Wed.16	Thursday 17	Friday 18	Saturday 19		Sunday 20		Monday 21	Tuesday 22	Wed.23	Thursday 24	Friday 25	Saturday 26
							1-WEEK PLAYERS	2-WEEK PLAYERS	1-WEEK PLAYERS	2-WEEK PLAYERS						
8:00 AM		BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST				BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER	BREAKFAST-SHOWER
8:30 AM																
9:00 AM		TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1		BREAKFAST-SHOWER		BREAKFAST-SHOWER	TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1	TRAINING #1	
9:30 AM																
10:00 AM																
10:30 AM		SHOWER	SHOWER	SHOWER	SHOWER	SHOWER										
11:00 AM		CONFERENCE PSG ACADEMY PRO (FULL YEAR PROGRAM)	CONFERENCE PSG METHODOLOGY AND PHILOSOPHY OF PLAY 1/2	CONFERENCE MENTAL PREPARATION	CONFERENCE VIDEO ANALYSIS	CONFERENCE NUTRITION AND INVISIBLE TRAINING 1/2					CONFERENCE PSG ACADEMY PRO (FULL YEAR PROGRAM)	CONFERENCE PSG METHODOLOGY AND PHILOSOPHY OF PLAY 2/2	CONFERENCE MENTAL PREPARATION	CONFERENCE VIDEO ANALYSIS	CONFERENCE NUTRITION AND INVISIBLE TRAINING 2/2	
11:30 AM																
12:00 PM		LUNCH	LUNCH	LUNCH	LUNCH	LUNCH					LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
12:30 PM											AMERICAN BRUNCH					
1:00 PM		GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	CHECK-OUT (1-WEEK PLAYERS)	VISIT OF CHARLOTTE, NC	CHECK-IN		GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	GYM/STRETCHING/RECOVERY/THERAPY	CHECK-OUT
1:30 PM																
2:00 PM																
2:30 PM		TRAINING #2	TRAINING #2		TRAINING #2	GAMES/SCRIMMAGES					HIKING / SCAVENGER HUNT	TRAINING #2	TRAINING #2	GAMES/SCRIMMAGES	TRAINING #2	GAMES/SCRIMMAGES
3:00 PM																
3:30 PM	CHECK-IN (DAY+ RESIDENTIAL PLAYER)	COACH BRIEF	COACH BRIEF		COACH BRIEF						COACH BRIEF	COACH BRIEF		COACH BRIEF		
4:00 PM		SHOWER	SHOWER	SHOWER	SHOWER						SHOWER	SHOWER	SHOWER	SHOWER		
4:30 PM																
5:00 PM		LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (CANOEING)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (EQUESTRIAN)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (FISHING)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (BASKETBALL)		AWARD CEREMONY				TENNIS FOOTBALL TOURNAMENT	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (CANOEING)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (EQUESTRIAN)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (FISHING)	LANGUAGE CLASS or TEAM BUILDING ACTIVITIES (BASKETBALL)	AWARD CEREMONY
5:30 PM																
6:00 PM							SHOWER								SHOWER	
6:30 PM							ROOMS REVIEW								ROOMS REVIEW	
7:00 PM	DINER	DINER	DINER	DINER	DINER			MALL (SHOPPING+ BOWLING)	DINER	DINER	DINER	DINER	DINER	DINER		
7:30 PM																
8:00 PM																
8:30 PM	RESIDENTS KICK-OFF	MOVIE NIGHT	FIFA PLAYSTATION CONTEST	INTRODUCTION TO INDOOR SOCCER	SOCCER QUIZ	BBO/CAMP FIRE/ WATER FUN			RESIDENTS INDUCTION	MOVIE NIGHT	FIFA PLAYSTATION CONTEST	INTRODUCTION TO INDOOR SOCCER	SOCCER QUIZ	BBO/CAMP FIRE/ WATER FUN		
9:00 PM																
9:30 PM																
10:00 PM	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW		CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	CURFEW	

DAY CAMP

ICI C'EST PARIS

JULY 25